

THINGS TO REMEMBER:

- Pre-Session is the first week of class and lasts one hour. Materials and instructions will be given, and you will have the chance to meet the other couples in the class.
- All other classes run for two and a half hours starting the following week.
- The class will be located in the YMC (Lower Level). You will be contacted before the start of the class.
- Unfortunately, child care is not provided.

Mondays Feb. 25-Apr. 29
from 6:15-8:45 PM in the YMC (Lower Level)

FOR MORE INFO:

If you have questions or would like to speak with someone further about Dynamic Marriage, please contact Marty Graverson at:

- martygraverson@nmc.church
- (574)773-7773

Visit nmc.church/dynamicmarriage to register for this class.

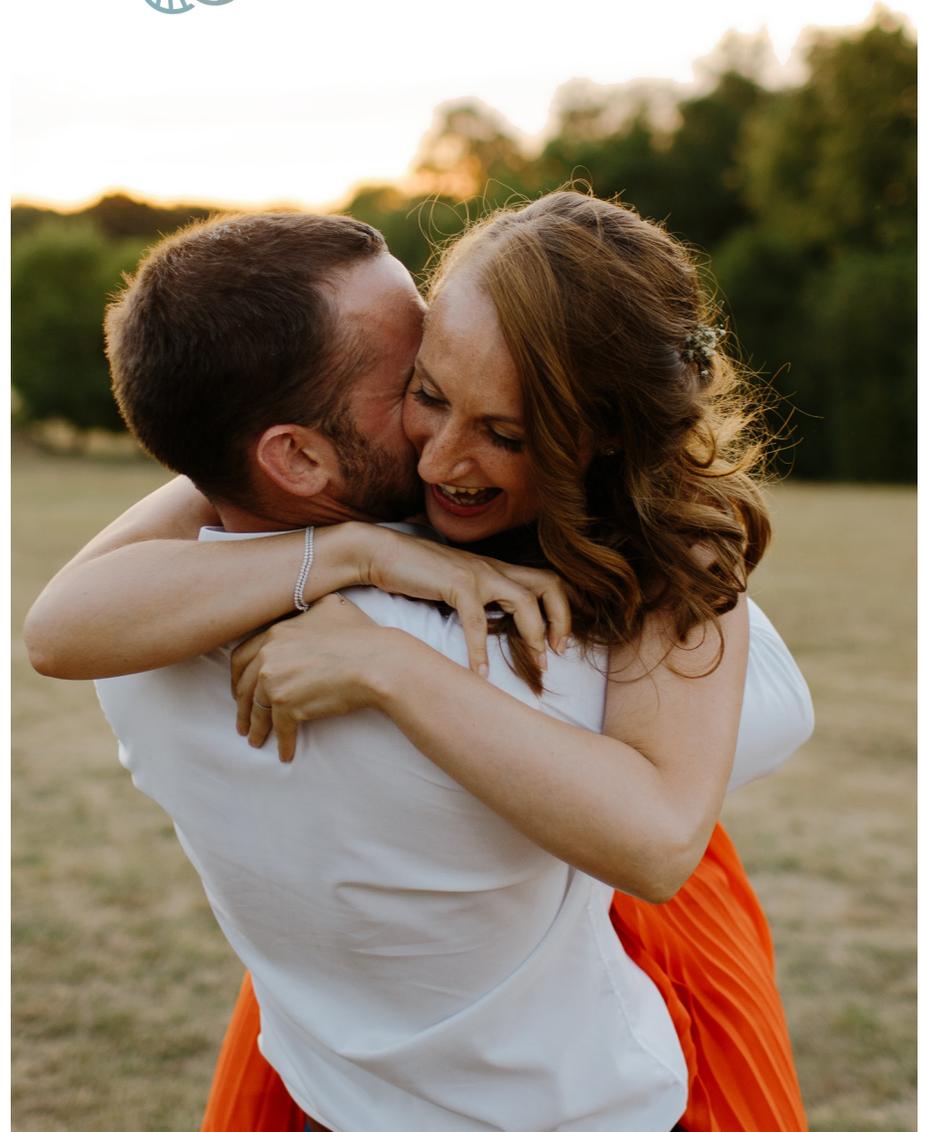
Dynamic Marriage is a ministry of Family Dynamics. For more information about this ministry, or to find a Dynamic Marriage class closer to you, visit www.familydynamics.net. Family Dynamics is a non-profit, non-denominational organization that seeks to honor our Lord by strengthening the bond of marriages and families.

NMC
fully committed

**Family
Dynamics**



DYNAMIC[™] MARRIAGE





DYNAMIC MARRIAGE™

WHAT IS DYNAMIC MARRIAGE?

Dynamic marriage is an interactive class focused on learning about your emotional needs, connecting with your spouse, and growing with other couples. Already, 141 NMC couples, ranging from engaged to 40+ years of marriage, have completed this class. Dynamic Marriage is about taking marriages in their current condition, whatever it may be, and moving them toward a deeper level of intimacy. Couples walking through engagement, empty nest, trials, the years of running kids from here to there or day-to-day grind of growing a marriage are encouraged to participate.

LOVE BANKS

We all have a "Love Bank," and those we know have accounts in it. When people do things that make us feel good, "love units" are deposited, and when they do things that make us feel bad, love units are withdrawn. We are emotionally attracted to people with large balances and repulsed by those with a negative balance. We call those feelings, respectively, love and hate.

How can a couple keep their Love Bank balances high enough to experience romantic love? Couples deposit love units by meeting each other's most important emotional needs. Couples withdraw love units by demonstrating habits that cause the other to be unhappy.

“Before the class, our marriage was fine. We didn’t need help, but afterward we found out we could reach a different level in our marriage through the things we learned.”

“Before the class, we thought the cost was too much. Now, we’re so thankful for the chance to invest in our marriage through the way we spend our time and money.”

CLASS MATERIALS

- *His Needs, Her Needs* by Willard Harley
- *Love Busters* by Willard Harley
- *5 Steps to Romantic Love Workbook* by Willard Harley
- Class handbooks by Joe Beam
- Class CD
- Canvas bag for carrying your materials

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EMOTIONAL NEEDS

An emotional need is a craving that, when satisfied, leaves you with a feeling of happiness and contentment. When unsatisfied, it leaves you with a feeling of unhappiness and frustration. Whenever a husband and wife desire to improve their marriage, they first need to identify their most important emotional needs and what each of them can do to make the other the happiest and most content. Then they must learn to meet those emotional needs. If they can accomplish this, they begin depositing love units, and eventually, they are in love with each other again.

“Before the class I couldn’t imagine a class lasting two and a half hours, but the time flew by so quickly. We had no idea it had been two and a half hours.”

“Before the class my husband and I thought we didn’t have time for the weekly exercises, but now that the class is over, we miss it. The assignments were a fun way to connect, talk and date.”

CLASS FACTS

- 9 week class
- Sessions are 2 ½ hours
- Attendance is required.
- Materials will be distributed, and the guidelines and rules of engagement will be explained the first session.
- Weekly assignments are spread over 6 days each week. Couples will work individually and together as a couple on each week’s assignments.
- This class centers on biblical openness as husbands and wives reach new levels of sharing, praying and understanding.

REGISTRATION

This class cost \$99, and a \$40 deposit is due at registration. Limit 12 couples.

Please register at the Ministry Center, or visit nmc.church/dynamicmarriage.