

YOU'LL

GET

THROUGH

THIS

DAY ONE

Re-read

We walked through Joseph's time serving in Potiphar's house in week two of our study. Now take a moment to study this section of Scripture on your own.

Read Genesis 40:1-41:40.

Reflect

Their Time

What especially strikes you from this story? Write a brief paraphrase, in your own words, of what is happening.

All Time

What principle(s) can you learn from this passage? Write out the timeless truth(s) from the section you paraphrased above.

My Time

What is the personal application of the all-time principle(s)?

DAY TWO

The Rally Cry

Read this statement slowly and carefully. Allow the words to settle in.

"You'll get through this.

It won't be painless.

It won't be quick.

But God will use this mess for good.

In the meantime don't be foolish or naïve.

But don't despair either.

With God's help you will get through this."

Taken from [You'll Get Through This: Hope and Help for Your Turbulent Times] by [Max Lucado] Copyright© [2013] by [Max Lucado]. Used by permission of Thomas Nelson. www.thomasnelson.com.

Reflect

Which sentence of the rally cry resonates with you today? Why?

Have you committed our battle cry to memory? If not, take some time to work on it.

Share It

Who is someone (friend, co-worker, or family member) who could benefit from hearing this statement? Find a way to share it with that person today. It could be through a text message, a phone call, a tweet or comment on a social media feed, or maybe even pass on the card we've been handing out. If you need more cards, just stop by the Ministry Center!

Finish your time today by praying this statement over the person you have identified.

DAY THREE

Dig Deeper



Watch or listen to *NMC Digging Deeper* on one of the following platforms:

- **App:** Click “You’ll Get Through This” on the home page
- **iTunes:** Subscribe to the *NMC Digging Deeper* podcast
- **NMC Website:** Visit nmc.church/media
- **Facebook:** Visit facebook.com/nmconline

Reflect

After listening or viewing this week’s episode, write down any impressions or takeaways:

DAY FOUR

Claim Your Identity

In yesterday's *Digging Deeper* episode with Marty Graverson, he gave two practical exercises to help us discover and claim our identity in Christ.

Today, read through the list of identity statements and Scripture passages by visiting www.tinyurl.com/identitystatements

Reflect

Pick out five statements that especially speak to you.

Read the passages and write out some thoughts/reflections on these passages below.

Create Reminders

Write one, some, or all of these statements/Scripture passages that stuck out to you on sticky notes or index cards and place them somewhere you will notice them throughout the day.

DAY FIVE

Claim It

Today we will walk through the other exercise Marty introduced in this week's *Digging Deeper* episode. Either watch (www.fathersloveletter.com/video) or read (www.fathersloveletter.com/text) the Father's Love Letter. These are all Scripture passages of God's statements to us.

Take 3-5 statements that especially struck you, find the passage referenced, and read the verses.

Reflect

Write out some/thoughts reflections below.

Today you received a love letter from God. Now it's your turn. Take some time to write a love letter back to Him.

DAY SIX

Pre-read

Let's prepare for Sunday's message.

Read Genesis 41:41-57.

Reflect

Jot down some of your initial impressions from this section of Joseph's life.

THE JOURNEY CONTINUES

App

You can work through this devotional week-by-week on our app! Each day will save to your phone, even after you close the app. Just tap on "You'll Get Through This" on the home page, and you'll find this devotional, recommended resources, and the *NMC Digging Deeper* podcast.



The Nappanee Missionary Church App

Available in App Stores



Recommended Resources

We've gathered a list of recommended resources from NMC pastors and staff. These include books, devotionals, worship playlists, and more. Stop by the Ministry Center to pick up copies of these resources.

You can also see this list and listen to worship playlists on our app.

Digging Deeper

Digging Deeper is a NMC podcast that explores this series on a deeper level. NMC pastors and Christian mental-health professionals will share a wide range of insight and expertise on this topic.

Ready to listen? This podcast will be released every Wednesday and can be accessed on the following platforms:

- **App:** Tap "You'll Get Through This" on the homepage
- **iTunes:** Subscribe to the *NMC Digging Deeper* podcast
- **NMC Website:** Visit nmc.church/media
- **Facebook:** Visit facebook.com/nmconline

Blog

Each Sunday, we will hear a story of hope from someone who has gone or is going through a difficult circumstance. Later in the week, we will dive deeper into each story on our blog. Visit nmc.church/blog every Thursday to read more about stories of hope in the midst of painful circumstances.