

# MORE +

## No. 3 – Whatever Happened to Truth?

**Hebrews 4:14-16** - For us to become what we are destined to be requires truth. What is truth? How can I discover the truth about myself? What are the lies that I might be believing? How can I go deep into truth? One of the single greatest keys to wholeness and health, relationally, spiritually and physically, is embracing truth. Stepping into truth, embracing its reality, and following it's author will always take us to a better land.

Grace = God gives \_\_\_\_\_ for those that deserve

\_\_\_\_\_.

Truth = \_\_\_\_\_ words for people held captive by lies

The need for truth is based on the fact that everyone has

\_\_\_\_\_. Our hard \_\_\_\_\_ is all messed!

JESUS = TRUTH

Five times Jesus says – “ \_\_\_\_\_ !”

We cognitively know that truth is good but ...

TRUTH \_\_\_\_\_

- Facing reality is \_\_\_\_\_
- \_\_\_\_\_ is powerful
- \_\_\_\_\_ is deadly

TRUTH \_\_\_\_\_

- It shows what \_\_\_\_\_ to get to a better place.
- Truth goes beyond the \_\_\_\_\_ problem to the \_\_\_\_\_ issue.

TRUTH HEALS

- It brings \_\_\_\_\_.
- It brings \_\_\_\_\_.
- It brings \_\_\_\_\_.

SO HOW CAN I MAXIMIZE TRUTH IN MY LIFE?

The \_\_\_\_\_ uses the \_\_\_\_\_ often through the \_\_\_\_\_ to bring truth to my life.

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## No. 3 – Whatever Happened to Truth?

**Hebrews 4:14-16** - For us to become what we are destined to be requires truth. What is truth? How can I discover the truth about myself? What are the lies that I might be believing? How can I go deep into truth? One of the single greatest keys to wholeness and health, relationally, spiritually and physically, is embracing truth. Stepping into truth, embracing its reality, and following it's author will always take us to a better land.

Grace = God gives good things for those that deserve nothing.

Truth = honest words for people held captive by lies

The need for truth is based on the fact that everyone has corrupted files. Our hard drive is all messed!

JESUS = TRUTH

Five times Jesus says – “I tell you the truth!”

We cognitively know that truth is good but ...

TRUTH HURTS

- Facing reality is painful
- Self-deception is powerful
- Denial is deadly

TRUTH HELPS

- It shows what needs to be changed to get to a better place.
- Truth goes beyond the presenting problem to the core issue.

TRUTH HEALS

- It brings freedom.
- It brings wholeness.
- It brings health

SO HOW CAN I MAXIMIZE TRUTH IN MY LIFE?

The Spirit of God uses the Word of God often through the people of God to bring truth to my life.